TOURNAMENT TRAVEL CHECKLIST

Everything your family needs for a smooth tournament weekend — from booking the hotel to the drive home. Print one per tournament.

ONE WEEK BEFORE

- ☐ Confirm hotel reservation, check-in time, and cancellation policy.
- ☐ Map the route and save offline directions in case of poor cell service.
- ☐ Print or save digital copies of the full tournament schedule and venue addresses.
- ☐ Notify teachers of missed school days and collect assignments in advance.
- ☐ Confirm your athlete's roster spot, jersey number, and any required forms with the coach.

WHAT TO PACK — SPORTS GEAR

- ☐ Two full uniform sets, plus extra socks and underlayers.
- ☐ Sport-specific equipment: stick, glove, racquet, bat, shin guards, etc.
- ☐ Proper footwear for competition AND comfortable shoes between games.
- ☐ Equipment bag with name and contact info attached.

WHAT TO PACK — FAMILY ESSENTIALS

- ☐ Physical forms, insurance card, and any required medical waivers.
- ☐ Medications, first-aid kit, and your athlete's inhaler or EpiPen if needed.
- ☐ Healthy snacks, water bottles, and a cooler for long days.
- ☐ Phone chargers, power bank, and downloaded entertainment for downtime.
- ☐ Folding chairs, blankets, sunscreen, and weather-appropriate gear.

AT THE TOURNAMENT

- ☐ Arrive 45-60 minutes early for warm-ups and check-in.
- ☐ Locate the athletic trainer, first-aid station, and restroom facilities.
- ☐ Keep your athlete hydrating and fueled between games.
- ☐ Establish a family meeting point in case anyone gets separated.

BUDGET WORKSHEET

Estimated travel costs (gas / flights / tolls):

Estimated hotel and meal costs:

Actual total spent: