ACADEMIC SUCCESS PLANNER

Strong Athletes. Strong Students. Strong Futures. Use this planner weekly to balance your sport and your studies — because the GPA travels further than the highlight reel.

MY WEEKLY SCHEDULE

My practice and game schedule this week:

My top 3 academic priorities this week:

Study blocks I will protect (days / times):

STUDY HABITS THAT WORK

- ☐ Designate one distraction-free study space at home.
- ☐ Write down every assignment and test date the day it's announced.
- ☐ Review class notes within 24 hours — spaced review beats cramming.
- ☐ Form a study group before big tests and quiz each other.

STAYING ELIGIBLE & COLLEGE-READY

- ☐ Track your grades every two weeks — know where you stand before it's too late.
- ☐ If college-bound, verify you're taking NCAA-approved core courses each year.
- ☐ Meet with your school counselor at least once per semester.
- ☐ Tell teachers about travel days in advance and make up work promptly.

USE YOUR RESOURCES

- ☐ Sign up for tutoring or study hall before you need it, not after.
- ☐ Visit teacher office hours with specific questions.
- ☐ Use your Play Without Limits mentor check-in each month.

MONTHLY REFLECTION

This month I improved at:

Next month I will focus on: